



Tel: 0800 783 4645

Web: www.southtynesidefamilyhubs.co.uk

Email: familyhubs@southtyneside.gov.uk

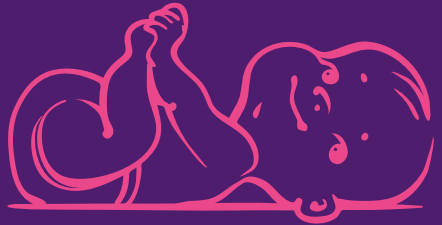


South Tyneside Council

FOR *every*
FAMILY

SOUTH TYNESIDE FAMILY HUBS

BABY WEEK



Bede, Biddick Hall & Whiteleas, Boldon Family Hubs

For more information and/or to book a space on an activity contact:

Bede: 0191 422 0030 | Biddick: 0191 423 4980 | Boldon: 0191 519 5920

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WHAT'S ON GUIDE

Bede, Biddick and Boldon Family Hubs

BABY WEEK

14-20 November 2025

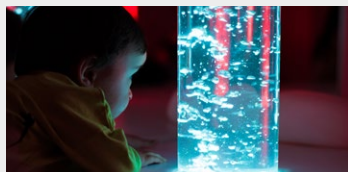
FOR *every*
FAMILY

SOUTH TYNESIDE FAMILY HUBS

Friday 14th November

Sensory Room*

Bede
(0-1 years)
9:00am-4:00pm



Learning with Play (stories, songs and sensory)

Boldon
(0-4 years)
9:30am-10:30am



Monday 17th November

Sensory Room*

Bede
(0-1 years)
9:00am-4:00pm

Learning with Play (stories, songs and sensory)

Bede
(0-4 years)
10:00am-11:00am

Tiny Tweeties* Jiggle and Wiggle

Bede
(0-1 years)
1:30pm-2:30pm

Breastfeeding Support Group

Boldon
1:30pm-2:30pm

Tuesday 18th November

Sensory Room*

Bede
(0-1 years)
9:00am-4:00pm

Learning with Play (Dear Zoo)

Bede
(0-1 years)
1:30pm-2:30pm



TOGETHERNESS

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Free learning resources for healthier
relationships and healthier lives.

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**Wednesday 19th
November**

Sensory Room*

Bede
(0-1 years)
9:00am-4:00pm

Learning with Play (Dear Zoo)

Biddick & Whiteleas
(0-1 years)
10:00am-11:00am

Learning with Play SEND

Bede
(0-4 years)
10:00am-11:00am

Kalma Yoga*

Boldon
(6 weeks-1 years)
1:00pm-1:45pm

**Thursday 20th
November**

Sensory Room*

Bede
(0-1 years)
9:00am-4:00pm

Learning with Play (stories, songs and sensory)

Biddick & Whiteleas
(0-4 years)
9:30am-10:30am

Learning with Play (Dear Zoo)

Boldon
(0-1 years)
1:30pm-2:30pm

Well Baby Clinic**

Bede
1:30pm-3:00pm



** To book a Well Baby Clinic appointment please ring **0191 283 2677**

*To book a space on an activity please contact the hosting Family Hub: Bede: 0191 422 0030 Biddick: 0191 423 4980 Boldon: 0191 519 5920