



# FOR every FAMILY

SOUTH TYNESIDE FAMILY HUBS

Tel: 0800 783 4645

Web: [www.southtynesidefamilyhubs.co.uk](http://www.southtynesidefamilyhubs.co.uk)

Email: [familyhubs@southtyneside.gov.uk](mailto:familyhubs@southtyneside.gov.uk)

FAMILY HUB SURVEY SCAN ME



In Partnership with:



South Tyneside Council



Department for Education



Adding years to life and life to years

# \*Summer\*

## ACTIVITY GUIDE

Hebburn, Jarrow, Primrose Family Hubs

For more information and/or to book a space on an activity, please contact the hosting Family Hub.

\* Booking Required

Supported by



South Tyneside Council

VISIT OUR WEBSITE SCAN ME



REGISTER WITH US SCAN ME



**Monday 20th July**

**Who's Hiding on Safari?**

Carr Ellison Park,  
Hebburn  
(0-4 years)  
10:30-11:30am



**Well Baby Clinic\*\***

Primrose  
(0-4 years)  
1:30-2:30pm



**Tuesday 21st July**

**Tiny Tweeties\***

Primrose  
(1-4 years)  
10:00-11:00am

**Who's at the Zoo?**

Jarrow  
(0-4 years)  
1:30-2:30pm

**Williby Roc\*s**

Jarrow  
(4+ years)  
1:30-2:30pm



**Wednesday 22nd July**

**Well Baby Clinic\*\***

Hebburn  
9:30-11:00am

**Breastfeeding Support Group**

Hebburn  
11:00-12:00pm



**Thursday 23rd July**

**Rumble in the Jungle (Young Parents Group)**

Primrose  
(0-4 years)  
10:30-11:30am

**In the Jungle (SEND)**

Hebburn  
(0-4 years)  
1:30-2:30pm



**Friday 24th July**

**Peekaboo Lion (Twins, Triplets & More)**

Hebburn  
(0-4 years)  
10:00-11:00am

**Walking Through the Jungle**

Primrose  
(0-4 years)  
10:00-11:30am

**Dear Zoo**

Jarrow  
(0-4 years)  
1:30-2:30pm



**Monday 27th July**

**Jack and the Beanstalk**

Hebburn  
(1-4 years)  
10:00-11:00am

**Three Little Pigs**

Hebburn  
(0-1 years)  
1:00-2:30pm

**Well Baby Clinic\*\***

Primrose  
1:30-2:30pm



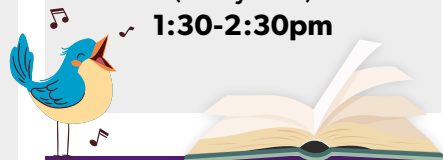
**Tuesday 28th July**

**Grand Time  
(grandparents & grandchildren group)**

Primrose Family Hub  
10:00-11:00am

**Chicken Licken**

Jarrow  
(0-4 years)  
1:30-2:30pm



**TOGETHERNESS**

Bringing the Solihull Approach to the world

Free learning resources for healthier relationships and healthier lives.

Access these courses for free by entering the code: **ForEveryFamily**

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**Wednesday 29th July**

**Well Baby Clinic\*\***

Hebburn  
9:30-11:00am

**Breastfeeding Support Group**

Hebburn  
11:00-12:00pm

**Clarty Art\***

Primrose  
(5+ years)  
1:00-2:00pm

**Tiny Tweeties\***

Hebburn  
(1-4 years)  
1:00-2:00pm

**Little Inventors:  
Lost & Found Office of  
Oddities Workshops\***

Hebburn  
(5 years +)  
1:00-3:30pm



**Thursday 30th July**

**The Ugly Duckling  
(Young Parents Group)**

Primrose  
(0-4 years)  
10:30-11:30am

**Puss in Boots  
(SEND)**

Hebburn  
(0-4 years)  
1:30-2:30pm



**Friday 31st July**

**Little Red Riding Hood  
(Twins, Triplets & More)**

Hebburn  
0-4 years  
10:00-11:00am

**Goldilocks and  
the Three Bears**

Primrose  
(0-4 years)  
10:00-11:30am

**Gingerbread Man**

Jarrow  
(0-4 years)  
1:30-2:30pm



**Monday 3rd August**

**Humpty Dumpty**

Hebburn  
(1-4 years)  
10:00am-11:00am

**Incey Wincey Spider**

Hebburn  
(0-1 years)  
1:00-2:30pm

**Well Baby Clinic\*\***

Primrose  
1:30-2:30pm



**Tuesday 4th August**

**Twinkle Twinkle**

Jarrow  
(0-4 years)  
1:30-2:30pm

**Tiny Tweeties\***

Jarrow  
(1-4 years)  
1:00pm-2:00pm



**Story Time with South Tyneside Libraries**

Hebburn  
10:00am-11:00am

**Wednesday 5th August**

**Well Baby Clinic\*\***

Hebburn  
9:30-11:00am

**Animal Antics\***

Primrose  
(4+ years, younger siblings welcome)  
10:00-11:00am

**Breastfeeding Support Group**

Hebburn  
11:00-12:00pm

**Williby Rocs\***

Hebburn  
(4+ years)  
1:00-2:00pm



**Thursday 6th August**

**Hickory Dickory Dock (Young Parents Group)**

Primrose  
(0-4 years)  
10:30-11:30am

**Wind the Bobbin (SEND)**

Hebburn  
(0-4 years)  
1:30-2:30pm



**Friday 7th August**

**Teddy Bears Picnic\***

Valley View Park  
(0-4 years)  
11:00-12:30pm



**Monday 10th August**

**Ladybird at the Seaside**

Hebburn  
(1-4 years)  
10:00-11:00am

**Summertime**

Hebburn  
(0-1 years)  
1:00-2:30pm

**Well Baby Clinic\*\***

Primrose  
1:30-2:30pm



**Tuesday 11th August**

**Grand Time  
(grandparent and  
grandchild group)**

Primrose  
10:00-11:00am



**Spot Goes on Holiday**

Jarrow  
(0-4 years)  
1:30-2:30pm

**Wednesday 12th August**

**Well Baby Clinic\*\***

Hebburn  
9:30-11:00am

**Breastfeeding  
Support Group**

Hebburn  
11:00-12:00pm

**Tiny Tweeties\***

Hebburn  
(1-4 years)  
1:00-2:00pm

**Williby Rocs\***

Hebburn  
(4+ years)  
1:00-2:00pm



**Thursday 13th August**

**Find Spot at the Beach**

Primrose  
(0-4 years)  
10:30-11:30am

**Splish Splash (SEND)**

Hebburn  
(0-4 years)  
1:30-2:30pm



**Holiday,  
Activities  
+ Food**

Children across South Tyneside will continue to access free, nutritious food and engaging activities over the school holidays.

Check out what's on offer now.

**SCAN ME**



**Friday 14th August**

**Who's at the Seaside?  
(Twins, Triplets & More)**

Hebburn  
(0-4 years)  
10:00-11:00am

**Sharing a Shell**

Primrose  
(0-4 years)  
10:00-11:30am

**Little Inventors:**

Lost & Found Office of  
Oddities Workshops\*  
Hebburn  
(5 years +)  
10:00-11:30am

**The Very Hungry  
Caterpillar at  
the Beach**

Jarrow  
(0-4 years)  
1:30-2:30pm



**Monday 17th August**

**Farmer Duck**

Hebburn  
(1-4 years)  
10:00-11:00am

**Who's Hiding on the Farm?**

Hebburn  
(0-1 years)  
1:00-2:30pm

**Well Baby Clinic\*\***

Primrose  
1:30-2:30pm



**Tuesday 18th August**

**Story Time with South Tyneside Libraries\***

Hebburn  
10:00-11:00am

**Oh Dear!**

Jarrow  
(0-4 years)  
1:30-2:30pm



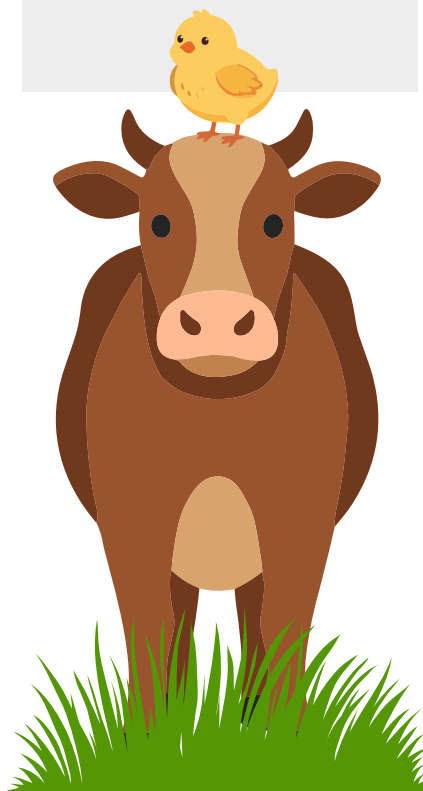
**Wednesday 19th August**

**Well Baby Clinic\*\***

Hebburn  
9:30-11:00am

**Breastfeeding Support Group**

Hebburn  
11:00-12:00pm



**Thursday 20th August**

**Farmyard Hullabaloo (Young Parents Group)**

Primrose  
(0-4 years)  
10:30-11:30am

**Old McDonald (SEND)**

Hebburn  
(0-4 years)  
1:30-2:30pm

**Clarty Art\***

Jarrow  
(5+ years)  
1:30-2:30pm



**Friday 21st August**

**Noisy Farm (Twins, Triplets & More)**

Hebburn  
(0-4 years)  
10:00-11:00am

**Squash and a Squeeze**

Primrose  
(0-4 years)  
10:00-11:30am

**Who's on the Farm?**

Jarrow  
(0-4 years)  
1:30-2:30pm



**Monday 24th August**

**Ready Steady Go**

Hebburn  
(1-4 years)  
10:00-11:00am

**Jiggle, Wiggle  
and Bounce**

Hebburn  
(0-1 years)  
1:00-2:30pm

**Well Baby Clinic\*\***

Primrose  
1:30-2:30pm



**Tuesday 25th August**

**Hop, Skip and Jump**

Jarrow  
(0-4 years)  
1:30-2:30pm



**Wednesday 26th August**

**Well Baby Clinic\*\***

Hebburn  
9:30-11:00am

**Breastfeeding  
Support Group**

Hebburn  
11:00-12:00pm



**Thursday 27th August**

**Shake, Rattle  
and Roll  
(Young Parents Group)**

Primrose  
(0-4 years)  
10:30-11:30am

**Dough Disco  
(SEND)**

Hebburn  
(0-4 years)  
1:30-2:30pm

**Williby Rocs\***

Primrose  
(4+ years)  
1:00-2:00pm



**Friday 28th August**

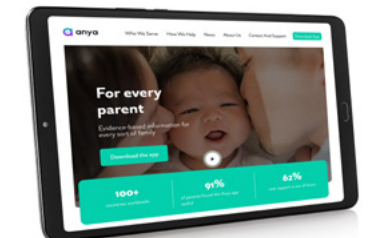
**Sports Day**

Charlie's Park  
(0-4 years)  
10:30-12:00pm



Anya app provides parents and parents-to-be with vital support on their breastfeeding and parenting journey, anytime, anywhere.

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# The Dad Pad

Dads' and dads-to-be can gain free access to the newly launched DadPad app, an easy-to-use resource packed with relevant information, as well as details on local support groups and service providers.

The app covers topics such as:

- Feeding, holding, changing and cleaning your baby
- Surviving without sleep and coping with crying
- Getting to know your baby
- Home safety and first aid
- Looking after yourself and supporting your partner



## DOWNLOAD NOW

You can download the brand new DadPad app platform [www.thedadpad.co.uk/app](http://www.thedadpad.co.uk/app)



## TOGETHERNESS

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# SOUTH TYNESIDE YOUTH SERVICE

INVESTING IN YOUNG PEOPLE

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## YOUTH GROUP TIMETABLE

VENUE	DAYS/TIMES	AGE GROUP
<b>FAB/ Jarrow Youth Group</b> Jarrow Focus, 113 Grange Rd, Jarrow NE32 3QW	Tuesday 5:30-7:30pm Wednesday 5:30-7:30pm	SEND Group ages 10-12 SEND Group ages 13-18 *referral only
<b>The Pavilion Youth Group</b> Valley View Park, Jarrow	Monday 6:00-8:00pm Thursday 5:00-7:00pm	Seniors Ages 11-17 Juniors Ages 8-10
<b>Hartleyburn Youth Group</b> Hartleyburn Community Centre, Crawley Square, Hebburn NE31 2LW	Monday 6:30-8:30pm Thursday 5:00-7:00pm	Juniors Ages 8-10 Seniors Ages 11-17
<b>The Hut Youth Group</b> Chuter-Ede, Galsworthy Road, South Shields, Tyne & Wear NE34 9UG	Monday 6:00-8:00pm Wednesday 6:00-7:30pm Friday 6:00-8:00pm	Project Group *enquire for more info Juniors Ages 8- 10 Seniors Ages 11-17
<b>Ocean Road Youth Group</b> Ocean Road Centre, Ocean Road, South Shields NE33 2DW	Monday 6:00-7:30pm Thursday 6:00-7:30pm Friday 6:00-8:00pm	Juniors Ages 8 -11 Juniors Ages 8 -11 Seniors Ages 11-17
<b>Horsley Hill Youth Group</b> Marsden Road Health & Wellbeing Centre, Marsden Road South Shields NE34 6RE	Monday, Wednesday and Friday 5:15-6:30pm (Juniors) 6:45-8:00pm (Seniors)	Juniors Ages 8- 10 Seniors Ages 11-17
<b>Simonside Youth Project</b> Simonside Climbing Wall	Tuesday 6:00-7:30pm Thursday 5:00-6:00pm	Seniors Ages 13-17 Juniors Ages 10-12

0191 424 0118

youthservice@southtyneside.gov.uk

South Tyneside Youth Service

Stc\_youthservice