

**BEST
START
IN LIFE**

FOR *every*
FAMILY
SOUTH TYNESIDE FAMILY HUBS



BABY WEEK



Bede, Biddick Hall & Whiteleas, Boldon Family Hubs

For more information and/or to book a space on an activity contact:

Bede: 0191 422 0030 | Biddick: 0191 423 4980 | Boldon: 0191 519 5920

Supported by



South Tyneside Council

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WHAT'S ON GUIDE

Bede, Biddick and Boldon Family Hubs

BABY WEEK

16-20 November 2026

FOR *every*
FAMILY

SOUTH TYNESIDE FAMILY HUBS

Mon 16th November

Learning with Play

Bede (0-4 years)

10:00am - 11:00am

Learning with Play SEND

Biddick and Whiteleas
(0-4 years)

10:00am - 11:00am

Tiny Tweeties

Bede (0-1 years)

1:30pm - 2.30pm

Breast Feeding Support

Boldon

1:30pm - 2:30pm

Dad's and Male Carers Group

Bede

(0-8 years)

3.00pm - 4.00pm

Tues 17th November

Learning with Play

Bede

(0-1 years)

1:30pm - 2:30pm

Simonside Youth Group*

Simonside Climbing Wall
(Juniors +10)

5.30pm - 7:00pm and

7.30pm - 9.00pm

(0191 4240118 to book)

TOGETHERNESS

Bringing the Solihull Approach to the world

Free learning resources for healthier
relationships and healthier lives.

Access these courses for free by
entering the code: **ForEveryFamily**

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Wed 18th November

Learning with Play

Biddick and Whiteleas
(0-1 years)

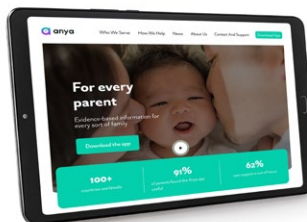
10:00am - 11:00am

The Hut Youth Group

Junior Youth Project

Chuter Ede (8-10 years)

6.00pm - 7.30pm



Anya app provides parents
and parents-to-be with
vital support on their
breastfeeding and parenting
journey, anytime, anywhere.

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Thurs 19th November

Learning with Play

Biddick and Whiteleas
(0-4 years)

9:30am - 10:30am



Mum and Baby Yoga*

Boldon

(0-1 years)

10:00am - 11:00am



Learning with Play

Boldon

(0-1 years)

1.30pm - 2.30pm

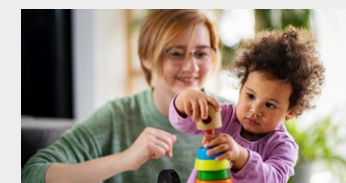
Fri 20th November

Learning with Play

Boldon

(0-4 years)

9:30am - 10:30am



The Hut Youth Group

Senior Youth Project

Chuter Ede

(11-17 years)

6.00pm - 8.00pm



*To book a space on an activity please contact the hosting Family Hub: Bede: 0191 422 0030 Biddick: 0191 423 4980 Boldon: 0191 519 5920



Tel: 0800 783 4645

Web: www.southtynesidefamilyhubs.co.uk

Email: familyhubs@southtyneside.gov.uk