

**BEST
START
IN LIFE**

FOR *every*
FAMILY
SOUTH TYNESIDE FAMILY HUBS



BABY WEEK



Hebburn, Jarrow & Primrose Family Hubs

For more information and/or to book a space on an activity contact:
Hebburn: 0191 428 7650 | Jarrow/Primrose: 0191 424 4900

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South Tyneside Council

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WHAT'S ON GUIDE

Hebburn, Jarrow & Primrose Family Hubs

BABY WEEK



16-20 November 2026

FOR *every*
FAMILY

SOUTH TYNESIDE FAMILY HUBS

Mon 16th November

Learning with Play

Hebburn
(1-4 years)

10:00am - 11:30am



Learning with Play*

Mum and Baby Yoga

Hebburn
(0-1 years)

1:00pm - 2:30pm



Weigh Clinic **

Primrose

1:30pm - 2:30pm

Tues 17th November

Learning with Play

Jarrow
(0-4 years)

1:30pm - 2:30pm



Anya app provides parents and parents-to-be with vital support on their breastfeeding and parenting journey, anytime, anywhere.

DISCOVER
MORE
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Wed 18th November

Weigh Clinic **

Hebburn

9:30am - 11:00am



Breastfeeding Support Group

Hebburn

11:00am - 12:00pm



Tiny Tweeties*

Primrose

(1-4 years)

1:30 - 2:30pm

Thurs 19th November

Learning with Play

Primrose
(0-1 years)

10:00am - 11:30am



Grand Time

Grandparents Group

Hebburn

(0-4 years)

10:00am - 11:00am



Learning with Play SEND

Hebburn

(0-4 years)

1:30pm - 2:30pm

Fri 20th November

Twins, Triplets and More

A multiples group

Hebburn
(0-4 years)

10:00am - 11:00am

Learning with Play

Primrose

(1-4 years)

10:00am - 11:30am

Learning with Play

Jarrow

(0-4 years)

1:30pm - 2:30pm



** To book a Weigh Clinic appointment please ring **0303 330 7700**

*To book a space on an activity please contact the hosting Family Hub: Hebburn: 0191 428 7650 Jarrow/Primrose: 0191 424 4900



Tel: 0800 783 4645

Web: www.southtynesidefamilyhubs.co.uk

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